



WRITING TIPS

Keys to Writing



Mentor K. Lap

Writing Keys #1



Make Time!

You are in control of your time. Whether you believe it or not, no one else has control of your time except you. It may seem that way but you can dictate your time.

Start small. Dedicate 15 mins a day to writing. That's it! Fifteen minutes. Write no more nor no less. Then watch your writing flourish.



Write that book!



Writing Keys #2

Read A Book!

The biggest tip anyone can give a writer is telling them to read a book. A writer doesn't need to pick up another pen or punch another letter on a keyboard. They need to read a book!

The difference between a good writer and a great one is the one who takes time to read, especially a book within the genre they're writing.

Write that book!



Writing Keys #3

Accountability Partners

You must get an accountability partner. It's not crucial but it helps.

A fellow writer and I, per her suggestion, got together and wrote a chapter once a week on a video conference. Then we read it to one another, tweaked it if there were any suggestions, and corrected any errors. This process helped us when we became stuck because we bounced ideas off each other and it also helped with editing and proofreading as well.

Write that book!



Writing Keys #4

Walk Away

Have you ever tried to write and nothing, and I mean absolutely nothing came to your mind? You tried to formulate ideas but none of them worked out. It was then you realized you have writer's block.

At this point, it's time for you to walk away from your book, not for a long time but just until you can come to some kind of perspective. Read a book or an article, exercise, watch a television show, call a friend, or just go hang out and have some fun. Either way, understand that it's okay to walk away.



Write that book!

Writing Keys #5

Exercise Your Mind

Drama and theatre students exercise techniques before engaging in rehearsals. It allows the mind to relax from the day's woes and triumphs and helps one to focus. It's the same thing with writing. Exercise your mind by either learning new vocabulary words, playing brain/mind games on your phone, or even completing a critical thinking problem. This gets the juices flowing.

Write that book!

Writing Keys #6

Exercise The Body

You are probably wondering how exercising the body helps with writing.

Exercise stimulates the mind as well as the body. It provides more blood flow, oxygen, dopamine, and serotonin to the brain which in turn helps us to write better, understand what we need to know and learn in order to write, and give us the energy to finish our book.

Write that book!

Writing Keys #7



Therapy Is In Session!

I don't know if you know BUT writing is therapeutic!

It's an aid in therapy for the writer and for the reader. The writer gets to get it all "off their chest" while the reader gets to exhale because "**FINALLY**" someone understands!



Write that book!

Writing Keys #8

Enjoy Yourself!



Don't make writing another work day. Do it because you enjoy it, not because it's an obligation. When you make it like work, you make it hard.

Enjoy telling your story. Enjoy creating friendships, enemies, and frenemies with the characters. Enjoy inspiring your readers. Enjoy teaching them new things and how to create something. Make it enjoyable because when you do your readers will too.



Write that book!

I hope you enjoyed these tips. I know it's not your usual writing tips but they are a crucial part of your writing career.

Here's the last tip on your way out. Get you a writing mentor. I know it seems like, "yeah, she would say that since she is one," but it's not about that. It's about giving you the tools you need to become a great writer. I've read quite a few books (even from authors who have been writing a long time) that could have benefited from a mentor or coach.

What do you want people to say about your book? Reviews can make or break a book. What do you want your reviews to look like?



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